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FRIDAY

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Bloomberg admits he was wrong, apologizes for 'stop and frisk' - NY Times

Reversal issued while considering presidential bid.

Former New York Mayor Michael Bloomberg admitted he was wrong to support the "stop and frisk" police practice that ensnared disproportionate numbers of blacks and Latinos, apologizing to a largely African-American church on Sunday as he weighs a presidential bid.

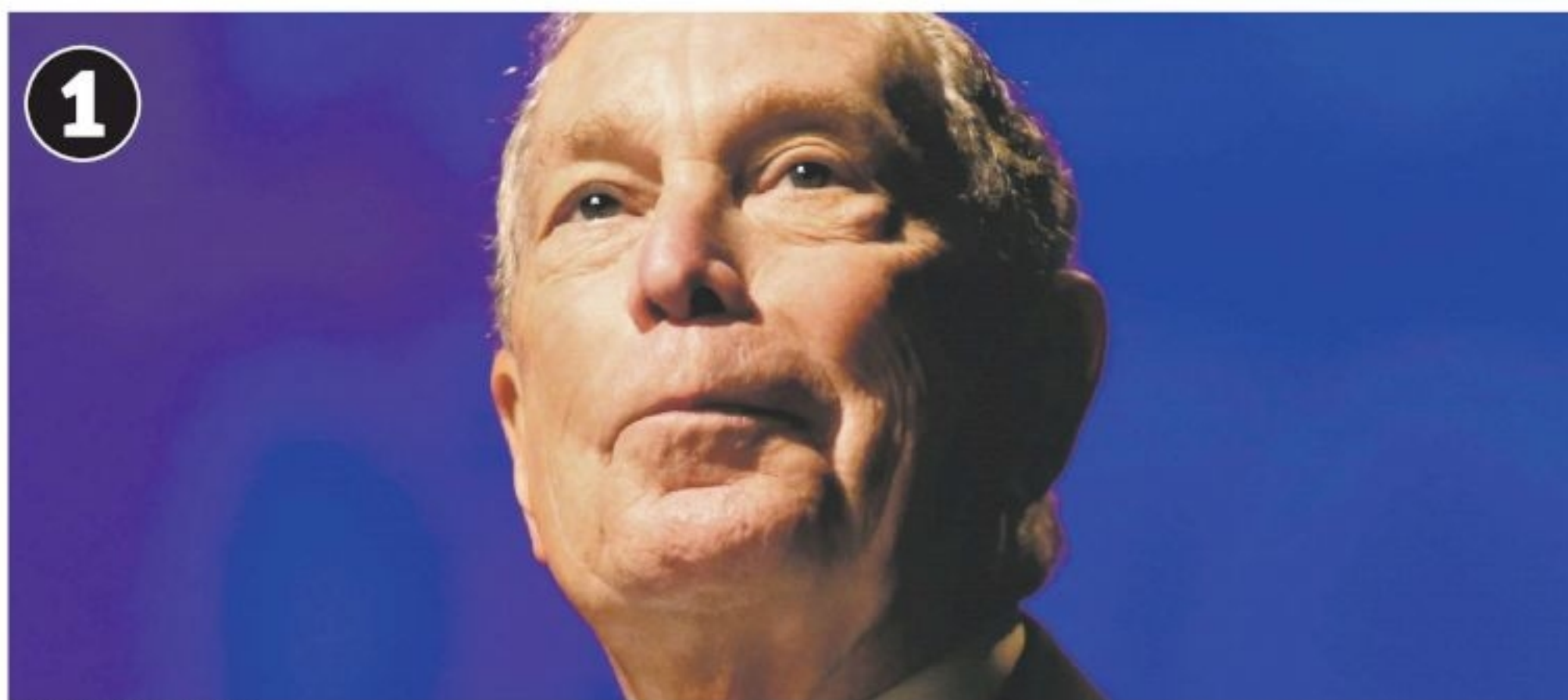
"I was wrong. And I am sorry," Bloomberg told the Christian Cultural Center, the New York Times reported, describing the center as a black megachurch.

His reversal comes as he considers whether to compete for the Democratic nomination for president, a contest in which African-American voters are highly influential.

684K

The practice stopped and frisked more than 684,000 people at its peak in 2011.

Bloomberg, 77, has



Michael Bloomberg. GETTY IMAGES

not formally entered the 2020 race, with the months-long nominating contests starting in February, but he has taken steps to get on the ballot in states with early filing deadlines.

The self-made billionaire who served 12 years as New York mayor had long defended stop and frisk as an effective police tactic that saved lives, even after a federal

judge in 2013 found it violated the rights of ethnic minorities.

The practice stopped and frisked more than 684,000 people at its peak in 2011, ostensibly in many cases to search for illegal weapons. But the non-profit Center for Constitutional Rights conducted a study that found blacks and Latinos were nine times more likely than white people

to be stopped in 2009. The searches sometimes turned up low-level offenses such as drug possession that otherwise would have gone unnoticed.

Bloomberg told the congregation the policy eroded trust with the public and he aimed to earn back that trust, the Times reported.

"Over time, I've come to understand something

that I long struggled to admit to myself: I got something important really wrong. I didn't understand back then the full impact that stops were having on the black and Latino communities. I was totally focused on saving lives, but as we know, good intentions aren't good enough," Bloomberg said.

If Bloomberg does enter the race, he will be the fifth most-popular candidate, and his presence may draw more support away from former Vice President Joe Biden than others, a Reuters/Ipsos public opinion poll found.

The Nov. 12-14 national poll found that 3% of Democrats and independents said they would vote for Bloomberg. REUTERS

Protesters regain control of third bridge in Baghdad

2 Iraqi protesters regained control of a third bridge leading to Baghdad's Green Zone on Sunday, taking further ground in the biggest wave of anti-government demonstrations in decades. Security forces used tear gas and stun bombs to prevent protesters from getting right across Ahrar Bridge in central Baghdad, part of a weeks-long attempt to disrupt traffic and reach the Green Zone housing

government ministry and embassies. Protesters made a barricade of old cabinets, trash cans and metal sheeting on the bridge while security forces took positions behind blast walls installed to prevent protesters from crossing to the other side. Protesters who choked on the tear gas were evacuated by tuk-tuk, a Reuters cameraman said. On Saturday, Iraqi demonstrators reoccupied part of Sinak Bridge. REUTERS

'Ford v Ferrari' races to first place

3 "Ford v Ferrari" left its box office competitors in the dust as Disney's historical sports drama sped its way to \$31 million in North America. Directed by James Mangold and starring Christian Bale and Matt Damon, "Ford v Ferrari" debuted ahead of expectations, thanks to strong word-of-mouth from moviegoers. However, those ticket sales weren't enough to offset disappointing starts from fellow high-profile



newcomers, "Charlie's Angels" and "The Good Liar," pushing the domestic box office down over 6% from last year, according to Comscore. REUTERS

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Also, remember that merely reporting your accident to an insurance company does not stop the clock from running on your rights!

It can sometimes take time to properly identify and locate the parties responsible for your injury. If your lawsuit does not name those parties correctly, before your deadline expires, you lose your rights forever.

So, if you've been injured through someone else's fault, don't delay in contacting an attorney. The clock is ticking!

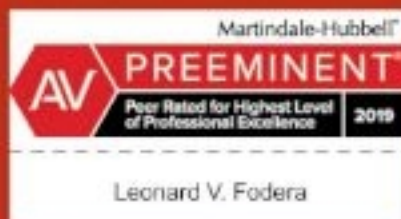
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NEWS



The game will resume Wednesday but no fans are allowed to attend.

ALL PHOTOS ISTOCK

Charges filed in high school football shooting

At least three were injured: a 27-year-old man and two minors.

HOLDEN WALTER-WARNER
Holden.Walter-Warner@metro.us

An Atlantic City man has been charged following the terrifying shooting at a high school football game in Pleasantville, New Jersey.

Philly Voice reports Alvin Wyatt, 31, has been charged with three counts of attempted murder, possession of a weapon for an unlawful purpose and unlawful possession of a weapon. Four additional men were charged with unlawful possession of a weapon as well, according to the Atlantic County Prosecutor's Office.

Shots rang out during Pleasantville's game against Camden on Friday night with about five minutes remaining in the third quarter, leading to harrowing scenes of people jumping fences and running across the football field, seeking cover and safety. Videos from the incident went viral and clips circulated on national news broadcasts.

At least three people were injured in the shooting, which police suggested was unrelated to the events of the game or the schools involved. According to the Inquirer, the police said the target was a 27-year-

old man, but two minor boys were hit by stray bullets as well.

Wyatt was tackled on the field while trying to flee the stadium after the shooting, Pleasantville Police Chief Sean Riggan claimed. The crowd was the largest at a Pleasantville football game in two decades.

NJ.com named the others charged with weapons offenses as Michael Mack, 27, Tyrell Dorn, 28, Shahid Dixon, 27 and Vance Golden, 26. Only Golden is from Pleasantville, while the others are from Atlantic City, like Wyatt. One of the men reportedly tried to ditch the weapon out of a car on the way back to Atlantic City.

A 15-year-old boy who was shot was released from the hospital over the weekend. The target was set to undergo surgery and was listed in stable condition, while a 10-year-old boy who was shot remained in critical condition as of Sunday afternoon.

Sadly, this was not the first shooting at a high school football game in the Philadelphia area this year. In September, a 14-year old and 15-year old were shot outside a stadium during a game in Nicetown; both have since recovered from their injuries.

According to the Inquirer, the game – which was suspended after the shooting – will resume on Wednesday at a neutral site; no fans will be allowed to attend.



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Speaker of the House Nancy Pelosi (D-CA).

REUTERS

In Trump-Nixon impeachment comparison, Pelosi raises specter of resignation

Nixon famously resigned after the Watergate scandal.

U.S. House Speaker Nancy Pelosi is amplifying her unfavorable comparison of President Donald Trump to fel-

low Republican Richard Nixon, saying that disgraced president at least cared enough about the country to leave office before his impeachment.

The top Democrat in Congress told reporters last week that Trump's pressure on Ukraine to investigate one of his potential opponents in the 2020 election "makes what Nixon did look almost small."

In a CBS interview broadcast on Sunday, she alluded to Nixon's resignation after the Watergate scandal involving a break-in at Democratic Party headquarters and the subsequent cover-up.

"I mean, what the president did was so much worse than even what Richard Nixon did, that at some point Rich-

Since launching the proceedings on Sept. 24, Pelosi has not been in the room as the House Intelligence Committee held public hearings on Trump's impeachment. However, her voice is loud and clear on the outside, where she drives messaging in a nuanced but sharp manner.

Her Nixon comparison came amid the trial of longtime Trump ally Roger Stone, a self-proclaimed "dirty trickster" who worked for Nixon's re-election campaign and has Nixon's face tattooed on his back. Stone was convicted on Friday of lying to Congress, obstruction and witness tampering during the investigation into Russian interference in the 2016 U.S. election.

"If he has information that is exculpatory - that means ex, taking away, culpable, blame - then we look forward to seeing it."

Speaker of the House Nancy Pelosi

ard Nixon cared about the country enough to recognize that this could not continue," Pelosi said on CBS' "Face the Nation."

Nixon, whose name has become synonymous with scandal and ignominy for many Americans, resigned in 1974 after the House Judiciary Committee approved articles of impeachment against him but before the full House voted on the issue, and he was not impeached.

He is the only U.S. president who has resigned from office.

Pelosi for months resisted calls from her more liberal Democratic lawmakers to initiate impeachment proceedings, but said Trump's call with Ukrainian President Volodymyr Zelensky compelled her to open the inquiry against the president.

Trump and his supporters have attacked the impeachment probe as politically motivated. Trump says his call with Zelensky was "perfect" while Republican lawmakers criticize the impeachment process as unfair.

"Do you have any evidence at all that the president did anything criminal or illegal? And the answer is no," Republican U.S. Representative Chris Stewart said on ABC's "This Week."

The president has "every opportunity to present his case," Pelosi told CBS, including coming before the intelligence panel.

In the CBS interview the House speaker called Trump an "imposter" whose insecurity drove his real-time Twitter attack on former U.S. ambassador to Ukraine Marie Yovanovitch. REUTERS

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Every four minutes, someone in the U.S. dies of a stroke. It's America's fifth leading cause of death and the number one cause of long-term disability. Now for a bright spot—many stroke symptoms are manageable if treated quickly. Metro spent time with Howard M. Natter, M.D., a Jefferson Health neurologist, to clarify how to recognize and treat a stroke.

What is a stroke?

In about 80 percent of cases, a stroke is due to a lack of blood flow to a specific part of the brain. In the other 20 percent of cases, it's due to bleeding in the brain itself. When there's a lack of blood flow to the brain, either from a clot that spread from another part of the body or a blood vessel that has closed, cells in the brain die.

What are the symptoms?

We use the acronym BE FAST to help rapidly recognize the symptoms.

- **Balance:** Is the person struggling to stay balanced?
- **Eyes:** Is there a sudden loss of vision in one of the eyes?
- **Face:** Does the face look uneven?
- **Arms:** Does one arm drift downward when you hold both of them up at the same time?

- **Speech:** Does speech sound strange? Is it slower? Does the person have trouble getting words out?
- **Time:** For every minute that you waste during a stroke, about two million brain cells die.

How soon after a stroke do symptoms appear?

They develop immediately, and the ability to adequately treat the stroke goes down the longer you wait. There's a medicine we can give for stroke in the emergency room called tPA, which is an intravenous medicine that is a clot buster. It's very effective in reversing the problems that a stroke causes, but we generally have to start administering it within three to four and a half hours of the onset of the stroke.

How else is stroke treated?

It depends on the type of stroke and the symptoms. Common treatments include physical therapy, occupational therapy and speech therapy as needed. We also want to make sure your blood pressure is under control. In addition, we do a series of diagnostic tests to get a better idea of what caused the stroke so that we have a better idea of what to do in the long term.

Is there any way to reduce your stroke risk?

Yes! We think about 80 percent of strokes are preventable through controlling risk factors for stroke. The main ones are high blood pressure, high cholesterol, diabetes, sleep apnea, and controlling atrial fibrillation, which is a cardiac arrhythmia. Lack of exercise is another risk factor.

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you go to the emergency room, the better your odds of recovery.

More information can be obtained at JeffersonHealth.org/Stroke or from the American Stroke Association.

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Jennifer Williams, special adviser for Europe and Russia in the Office of U.S. Vice President Mike Pence.

REUTERS

Pence aide said Trump's Ukraine phone call was 'unusual and inappropriate'

Jennifer Williams listened to the July 25th call.

The phone call between U.S. President Donald Trump and his Ukrainian counterpart at the center of Congress' impeachment investigation was "inappropriate," an aide to Vice President Mike Pence told lawmakers, according to a transcript released on Saturday.

Jennifer Williams, a foreign policy aide to Pence who was listening to the call on July 25, testified that Trump's insistence that Ukraine carry out politically sensitive investigations "struck me as unusual and inappropriate."

She said the discussion was "more political in nature" than phone calls with other foreign leaders, and included what she viewed as specific references to the president's "personal political agenda."

Trump's call is at the heart of the Democratic-led inquiry into whether the Republican president misused U.S. foreign policy to undermine former Vice President Joe Biden, one of his potential opponents in the 2020 election.

The House of Representatives on Saturday also released a transcript of an earlier closed-door deposition by Tim Morrison, a former White House aide with the National Security Council focusing on Europe and Russia policy, who was also on the call.

Morrison, who resigned a day before his deposition last month, and Williams both expressed concerns about Trump's remarks to Ukrainian President Volodymyr Zelensky. Williams and Morrison are scheduled to testify publicly next week.

"I was not comfort-

able with any idea that President Zelenskiy should allow himself to be involved in our politics," Morrison told lawmakers. He also said found Zelensky's tone in the call with Trump to be "obsequious."

Morrison declined to say he thought the call was illegal or improper, stressing instead that he thought it would leak, damaging relations with Ukraine. He said he only learned later that the aid to Ukraine was conditioned on the investigations.

In the first public hearing last week, acting ambassador to Ukraine William Taylor pointed to Trump's keen interest in getting the eastern European ally to investigate Biden and reiterated his understanding that \$391 million in U.S. security aid was withheld from Kiev unless it cooperated.

Morrison said he had reviewed Taylor's testimony and did not dispute it on any significant points.

House investigators on Saturday also heard closed-door testimony from a White House budget official about the holdup of military aid to Ukraine. Mark Sandy, a career official of the Office of Management and Budget, was the first person from OMB to testify before the inquiry after three political appointees defied congressional subpoenas to appear.

Sandy spoke about how unusual it was to have a political appointee come in and place a hold on military aid to Ukraine. CNN quoted a source familiar with the testimony as saying.

Democratic Representative Jamie Raskin, a member of the Judiciary and Oversight Committees, said Sandy was brought in to shed light on whether military aid was held up for political reasons. **REUTERS**

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Suspected gunman, 16, in California high school shooting dies in hospital

A teenage boy who killed two classmates and wounded three others at a southern California high school on his birthday before shooting himself in the head died on Friday of his wounds in hospital, the Los Angeles County Sheriff's office said.

"Nathaniel Tennesuke Berhow, 16, a Junior at Saugus High School, was being treated for a self-inflicted gunshot wound to the head, when he succumbed to his injuries. His mother was present at the time of his passing," the sheriff's office said in a written statement.

"We did not find any manifesto, any diary that spelled it out."

Alex Villanueva,
Los Angeles County Sheriff

The boy was carrying out a deliberate plan when he shot five students at his California high school, then turned the gun on himself, a local sheriff said on Friday, but authorities said they had no clues about what sparked the bloodshed.

Two of the other five students who were shot in the Thursday morning attack at the school in Santa Clarita died of their wounds.

"We did not find any manifesto, any diary that spelled it out," Los Angeles County Sheriff Alex Villanueva said at a briefing.

The gunman was publicly identified by law enforcement for the first time on Friday as Nathaniel Tennesuke Berhow.

Berhow initially survived his self-inflicted gunshot wound but died at a local hospital on 3:32 p.m. on Friday, according to the sheriff's department.

Detectives worked through the night to fol-

low up on tips related to the shooting in Santa Clarita, about 40 miles north of Los Angeles. The incident, which was caught on video, unfolded in 16 seconds, police said.

Arriving at school on his 16th birthday, Berhow pulled a .45 semi-automatic pistol from his backpack in an outdoor courtyard, stood in one place and shot his victims in rapid succession before turning the gun and firing the last bullet into his head.

Villanueva said authorities did not know the origin of the gun used, or how the gunman got his hands on it.

All Hart District schools in Santa Clarita were closed on Friday, the Santa Clarita Valley Sheriff's office said on Twitter, out of respect for the victims and their families.

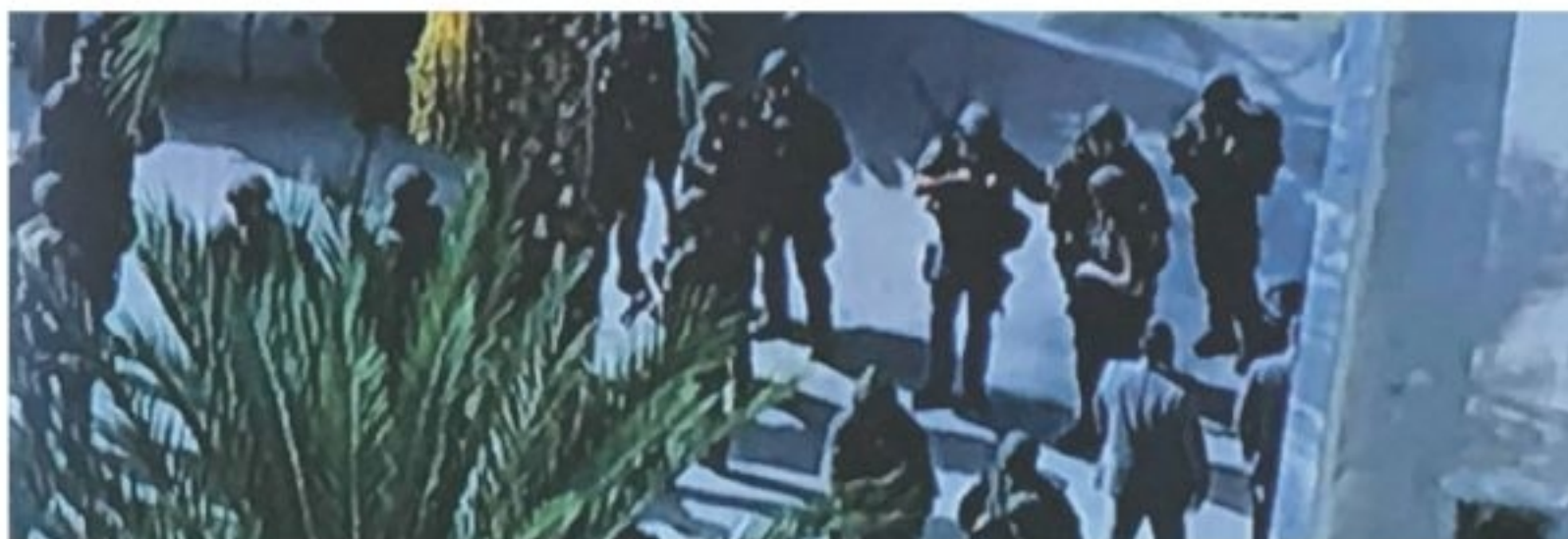
Two girls aged 14 and 15 were being treated at Providence Holy Cross Medical Center in Mission Hills, California, and were listed in good and fair condition, a hospital spokeswoman said early on Friday.

At the Henry Mayo Hospital in Santa Clarita, authorities said a 14-year-old boy was treated and released. Two other students who had been taken there died. A hospital spokesman could not immediately be reached on Friday.

Villanueva identified one of the students killed as Gracie Anne Muehlberger, 15. He said the families of the other student killed and those wounded did not authorize him to release their names.

The scene at Saugus High School was reminiscent of other mass shootings at U.S. schools, including Marjory Stoneman Douglas High School in Parkland, Florida, where a former student with an assault rifle killed 17 people on Feb. 14, 2018.

It was the 85th incident of gunfire at a school this year, according to Everytown, a gun control advocacy group. REUTERS



L.A. County Sheriff's Department (LASD) Special Enforcement Bureau (SEB) members are pictured after a search following a shooting at Saugus High School in Santa Clarita, California.

REUTERS



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REUTERS

Interpol plans to condemn encryption spread, citing predators, sources say

Government access to encrypted data on platforms will be requested.

The international police organization Interpol plans to condemn the spread of strong encryption in a statement Monday saying it protects child sex predators, three people briefed on the matter told Reuters.

At the group's conference in Lyon, France on Friday, an Interpol official said a version of the resolution introduced by the U.S. Federal Bureau of Investigation would be released without a formal vote by representatives of the roughly 60 countries in attendance, the sources said.

Echoing a joint letter last month from the top law enforcement officials in the United States, United Kingdom and Australia, the larger group will cite difficulties in catching child sexual predators as grounds for companies opening up user communications to authorities wielding court warrants.

"Service providers, application developers and device manufacturers are developing and deploying products and services with encryption which effectively conceals sexual exploitation of children occurring on their platforms," a draft of the resolution seen by Reuters said.

"Tech companies should include mechanisms in the design of their encrypted products and services whereby governments, acting with appropriate legal authority, can obtain access to data in a readable and useable format."

Interpol did not respond to a request for comment Sunday. The FBI referred questions to Interpol.

The cooperative law enforcement association is best known for helping countries assist one another in catching suspects outside their jurisdictions. The new statement will not have the force of law, but instead aim at increasing pressure on tech providers.

It could provide greater political cover for more countries to pass laws or regulations barring unbreakable encryption or requiring companies to be capable of hacking their own users, both of which are anathema to major U.S.-based global providers including Apple and Google.

Both the United Kingdom and Australia have recently passed laws moving in that direction, though it is unclear how widely they are being wielded. U.S. skirmishes have been fought in sealed court proceedings, without major congressional action.

Interpol joining the political fray is notable because the group includes Russia and other countries without rules against mass surveillance or spying on political minorities and activists.

"This proposal will endanger people who rely on strong encryption to keep them safe, including from hackers and repressive regimes," said a spokesman for Facebook, which was among the tech companies in Lyon for the conference. "It will also weaken the online security of over a billion people."

Facebook, owner of WhatsApp and Instagram, moved to the front of the political fight this year by announcing plans to make its popular Messenger communication service encrypted end-to-end, so that neither Facebook nor law enforcement can view content unless they have access to one of the endpoint devices.

REUTERS

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Police fire a water cannon during clashes with anti-government protesters, outside Hong Kong Polytechnic University (PolyU) in Hong Kong, China.

REUTERS

Hong Kong police threaten to use live bullets as standoff with protesters escalates

Protestors allegedly fired arrows and threw petrol bombs at police Sunday.

Hong Kong police threatened on Monday to fire live bullets if "rioters" did not stop using lethal weapons in the latest flare up during anti-government protests that have convulsed the Chinese-ruled city for five months.

The police statement followed fresh clashes outside a university in the center of Hong Kong where protesters were hunkered down behind makeshift shields and hurled petrol bombs at police in a standoff blocking a vital tunnel link.

Police had said on Sunday one officer had been treated in hospital after being hit in the leg by an arrow and another had his visor struck by a metal ball, although he was not hurt.

The violence in the Asian financial hub has posed the gravest popular challenge to Chinese President Xi Jinping since he came to power in 2012. Xi has said he is confident Hong Kong's government can resolve the crisis.

In Monday's statement, police warned people who they described as rioters to stop using lethal weapons to attack officers and to halt other acts of

violence, saying office would respond with force and possibly live bullets if necessary.

Police have used live rounds in a few isolated incidents in the past.

Demonstrators, angry at what they see as Chinese meddling in the former British colony which has had autonomous status since returning to Chinese rule in 1997, have said they are responding to excessive use of force by police.

"We haven't fought back as much as we could. I would be prepared for jail. We are fighting for Hong Kong."

Joris, 23, civil engineer

"The protesters have been reacting to the police," said Joris, 23, a civil engineer who like others did not give his full name. "We haven't fought back as much as we could. I would be prepared for jail. We are fighting for Hong Kong."

Beijing denies interfering in Hong Kong's affairs and has blamed foreign

influences for the unrest.

In the road leading to Hong Kong Polytechnic University, police vehicles with water cannon advanced on barricades set up by protesters but pulled back when petrol bombs were thrown. The standoff blocked the tunnel linking Kowloon to Hong Kong island.

"We've been trapped here, that's why we need to fight until the end. If we don't fight, Hong Kong will be over," said Ah Lung, a 19-year-old protester.

Many protesters wore gas masks or tied handkerchiefs over their mouths and noses to protect them from clouds of tear gas that lingered in the air. Some had stripped down to their underwear, after earlier dousings from water cannon that witnesses said contained an irritant.

Police had said on Sunday that police had fired a bullet but did not give details about the latest use of live ammunition. Police had shot and critically wounded a protester on Nov. 11.

Chinese soldiers in a base close to the university were seen on Sunday monitoring developments with binoculars, some dressed in riot gear, Reuters witnesses reported.

Chinese troops in shorts and T-shirts emerged from their barracks on Saturday to help clean up debris. REUTERS



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U.S. Defense Secretary Mark Esper and South Korean Defence Minister Jeong Kyeong-doo hold a joint news conference after the 51st Security Consultative Meeting (SCM) at the Defence Ministry in Seoul, South Korea. REUTERS

U.S., South Korea postpone military drills in bid to bolster North Korea peace effort

Drills were to be simulated air combat scenarios.

The United States and South Korea said on Sunday they will postpone upcoming military drills in an effort to bolster a stalled peace push with North Korea, even as Washington denied the move amounted to another concession to Pyongyang.

The drills, known as the Combined Flying Training Event, would have simulated air combat scenarios and involved an undisclosed number of warplanes from both the United States and South Korea.

In deference to Pyongyang, the exercises had already been reduced in scale and scope from previous years, but North Korea still objected to them regardless.

Hours after the announcement, U.S. President Donald Trump added a note of urgency by tweeting a direct message to North Korean leader Kim Jong Un, with whom he has met three times to get the reclusive state to give up its nuclear weapons program.

In his tweet, Trump told Kim, "You should act quickly, get the deal done," and hinted at a further meeting, signing off

"See you soon!"

North Korea said on Thursday it had turned down a U.S. offer for fresh talks ahead of a year-end deadline Pyongyang has set for Washington to show more flexibility in negotiations.

U.S. Defense Secretary Mark Esper said the U.S. and South Korean militaries would remain at a high state of readiness despite the move, and denied that the decision to postpone

Trump has been accused by critics in Congress of being too willing to grant concessions to Pyongyang, without getting enough in return. Trump says he has secured a halt in North Korea's intercontinental ballistic missile and nuclear tests, significantly lowering fears of war.

The postponed drills were meant to begin in the coming days.

"We encourage the DPRK to demonstrate the same goodwill as it considers decisions on conducting training, exercises and testing."

U.S. Defense Secretary Mark Esper

the drills was a concession to North Korea.

"I don't see this as a concession. I see this as a good faith effort ... to enable peace," Esper told reporters, as he announced the decision alongside South Korean counterpart Jeong Kyeong-doo in Bangkok, where Asian defense chiefs are gathered for talks.

"I think creating some more space for our diplomats to strike an agreement on the denuclearization of the peninsula is very important."

Earlier this month, a senior North Korean diplomat blamed the U.S. joint aerial drill for "throwing cold water" over talks with Washington. Pyongyang regularly opposes such U.S.-South Korean joint military exercises, viewing them as a rehearsal for invasion.

Still, it was unclear whether the decision by Washington and Seoul would kickstart talks with Pyongyang. Esper said he hoped North Korea would respond to the gesture.

REUTERS



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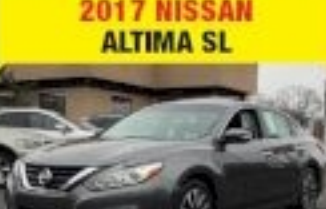
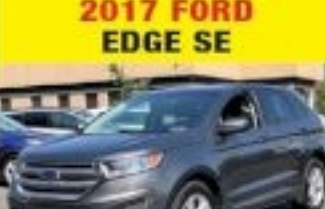


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Seized Ukrainian naval ships are guarded by Russia's Coast Guard vessels in the port in Kerch, near the bridge connecting the Russian mainland with the Crimean Peninsula, Crimea.

REUTERS

Russia says it will return captured naval ships to Ukraine on Monday

Ships were seized off coast of Crimea last November.

Russia will return three captured naval ships to Ukraine on Monday and is moving them to a handover location agreed with Kiev, Crimea's border guard service was cited as saying by Russian news agencies on Sunday.

A Reuters reporter in Crimea, which Russian annexed from Ukraine in 2014, earlier on Sunday saw coastguard boats pulling the three vessels through the Kerch Strait toward the Black Sea where they could potentially be handed over to Ukraine.

Ukraine has been pushing for their return as a good will gesture from Moscow ahead of a possible four-way peace summit on eastern Ukraine next month.

"In accordance with agreements reached with Ukraine three Ukrainian ships ... are being towed to a location agreed with the Ukrainian side for their handover, which

will take place on Nov. 18," Crimea's border service said on Sunday, according to Russian news agencies.

Crimea's border service was not immediately available for comment on Sunday.

Russia seized the ships off the coast of Crimea in November last year after opening fire on them and wounding several sailors. Moscow said the ships - two small Ukrainian armored artillery vessels and a tug boat - had illegally entered its territorial waters. Kiev denied that.

Russia returned the sailors who had been on board the ships to Ukraine in September as part of a prisoner exchange deal.

Russia's Kommersant newspaper reported on Saturday that Moscow had decided to return the ships to Ukraine and that they would be towed into the Black Sea and handed over to Ukraine.

Various Russian media outlets have reported that the ships will be returned to Ukraine without their ammunition and documentation.

The move, if it happens, will be seen as a confidence-building measure ahead of the planned Ukraine summit.

The leaders of France, Germany, Russia and Ukraine will meet in Paris on Dec. 9 in an attempt to advance efforts for a peaceful resolution to the conflict in eastern Ukraine, the French presidency said on Friday.

A Kremlin aide was less equivocal on Sunday, saying such a summit was possible this year but that no date had yet been agreed.

More than 13,000 people have been killed in the more than five-year-old conflict in east Ukraine between pro-Russian separatists and Ukrainian government forces.

Relations between Ukraine and Russia collapsed following Moscow's annexation of the Crimean peninsula, which prompted Western sanctions. Ukrainian President Volodymyr Zelensky won a landslide election victory in April promising to end the conflict. REUTERS

Bolivians queue for chicken and fuel as protests cripple highways



Supporters of former Bolivia's President Evo Morales meet in the Plaza Mayor, as part of the protests in La Paz, Bolivia. REUTERS

Bolivians languished in long lines on the streets of La Paz on Sunday to secure chicken, eggs and cooking fuel as supporters of ousted President Evo Morales crippled the country's highways, isolating population centers from lowland farms.

Presidency minister Jerjes Justiniano told reporters the government of interim President Jeanine Anez had established an "air bridge" to supply La Paz, using planes to bypass barricades on highways surrounding the highland capital. He said officials hoped to do the same with other cities cut off from supplies.

Bolivia remained in limbo one week after Morales, a charismatic leftist and former coca farmer, resigned on allegations of vote-tampering. Lawmakers have yet to agree on a date for new elections.

Morales fled to Mexico on Tuesday. But his supporters from largely coca-farming regions the Andean nation have since taken to the streets, sometimes armed with homemade bazookas, handguns and grenades, barricading roads and skirmishing with security forces.

Some Morales supporters have demanded interim President Anez, a former conservative lawmaker, resign. Community leaders aligned with Morales in El Alto on Sunday were calling for a general strike Monday, raising the spectre of further supply shortfalls in

the nearby capital.

Anez has agreed to new elections but also moved to quickly to implement changes in policy at home and abroad.

On Friday, Bolivia asked Venezuelan officials under the country's leftist leader Nicolas Maduro to leave the country. Anez's government also accused Cuba, once a close ally, of stoking unrest following Morales' resignation.

Anez officials on Sunday renamed the state newspaper "Bolivia." Morales had called it "Change."

As roadblocks take their toll, many in the poorer neighborhoods of La Paz had taken to cooking over firewood as long lines for liquified gas, canisters and scarce food complicated life.

"I hope things calm down," said Josue Pilco, a construction worker from a working-class La Paz neighborhood. "We're not getting any food or gasoline."

Violent protests Friday around Cochabamba, a coca-growing region and stronghold of Morales' supporters, left at least nine dead, officials said.

The local ombudsman in the Cochabamba region said police had used live ammunition against protesters, prompting allegations of human rights abuses by security forces under Anez.

Anez has blamed Morales for stoking violence from abroad, and has said her government wishes to hold elections. REUTERS

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Anonymous, Metro US reader



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Cancer Don't lose sight of your destination. Share your intentions and persuade others to get involved. Be exact and factual, and avoid taking on too much.



Leo Look for a new adventure. Using your skills differently will give you a new outlet to explore. Romance will enhance your life.



Virgo Ask questions if something isn't apparent. Keep a close eye on what others are doing. Take charge rather than let someone else make decisions for you.



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LIFESTYLE



Allah-Las find inspiration in the record crates

We spoke with guitarist Miles Michaud about recording, digging and the band's new album, 'LAHS.'



PAT KING
patrick.king@metro.us

It was bound to happen. I just didn't know it would happen so quickly. When I got on the phone with Miles Michaud, the guitarist of the garage rock band Allah-Las, he was at home in Los Angeles sorting through some records he had recently purchased. For any fan of the band, part of their music is being able to trace down the influences they are pulling from. They can jump from surf-rock, psychedelia, folk and rock underneath the hood of a single song. Allah-Las are crate diggers down to the bone, and their endless pursuit of new music is an infectious sense of adventure that is transferred to their fans.

"I think there's always an interesting element to discovering something new and something that, maybe, not a lot of people are familiar with and is good. There is a lot of stuff that people may not know that is ... not good," says Michaud with a laugh. "Actually, we've been talking a lot about how we're eager to get back out to Europe because there are so many records out there that are way more expensive or not available here. There's a lot of stuff to catch up on that we've discovered or heard of since we've been out there and

want to try to find when we get back ... record shopping. That's why we do the whole thing!"

The band is currently out on the road supporting their newest record "LAHS", out now on Mexican Summer records. Unlike past records, "LAHS" has a more free-flowing and improvisational feel to it. This feeling can be attributed to the band's time off the road since their last release, 2016's "Calico Review," and moving into a brand new spacious recording and rehearsal space that helped them to spread out and experiment.

"We rented out a space in this building in downtown Los Angeles. It's got a bunch of rehearsal and recording studios in there. It's got one that overlooks the river and the downtown skyline. We've been in there for two years and just started throwing out different licks and ideas," says Michaud. "It was the first time where we didn't really have a strict timeline, which was what we hoped for. The main reason that we got this space was that it was just going to be open and we could take our time making the record. We didn't feel rushed or pressured to get something out. We took our time with it and actually enjoyed the time being home for a bit instead of rushing to get a record out and getting back out on the road." As the band hits the road, they will be playing some of the biggest venues of their career.

Make sure to catch Allah-Las tonight at Union Transfer.

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Fun things to do in Philly this week



Kim Petras (L) and Nicholas Elmi (R). ALL PHOTOS GETTY

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Nov. 19, 5 p.m.-7 p.m., the Concourse at Comcast Center, 1701 John F Kennedy Blvd. Comcast Center Concourse, Phila-

delphia, prices vary, comcastcentercampus.com

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Philadelphia", alongside his co-author Adam Erace and also do a bit of cooking as well. Esteemed food photographer Neal Santos and one of Philadelphia's finest food writers, Reagan Stephens will also be in attendance. Tickets (\$10) are available for purchase on Eventbrite.

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Kim Petras
Head to The Fillmore this week to catch German singer-songwriter Kim Petras while on "The Clarity Tour." Petras is most well known for her funky and eclectic hits including "Heart to Break," "I Don't Want it

All," "Icy," "Broken," and "Hillside Boys." Petras will be hitting the stage in the City of Brotherly Love for one night only. Nov. 19, 8:30 p.m., *The Fillmore*, 29 E Allen St., Philadelphia, \$66, thefillmorephilly.com

History After Hours
Head to the Museum of the American Revolution this week to check

out another exciting addition of their History After Hours series. This month's theme is "Comic Relief." According to the release, at the event attendees will witness history and comedy come together through the Philly Improv Theater's hit show, "Study Hall". The Museum's Director of Curatorial Affairs and Chief Historian, Dr. Philip Mead will also be giving a lecture on an 18-century topic of his choice, then actors from the improv group will reenact the lecture on the fly. "Study Hall" performances will take place at 6:00 pm and 7:00 pm. Each lecture and 30-minute performance will be different. Other activities include a 30-minute tour of satirical prints created by Richard St. George (the focus of the Museum's latest exhibit) and two 45-minute special gallery tours translated in Spanish in partnership with Casa de Venezuela. Nov. 19, 5 p.m.-8 p.m., *Museum of the American Revolution*, 101 S 3rd St., Philadelphia, \$10, amrev-museum.org

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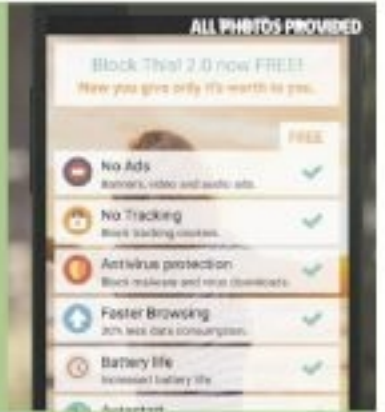
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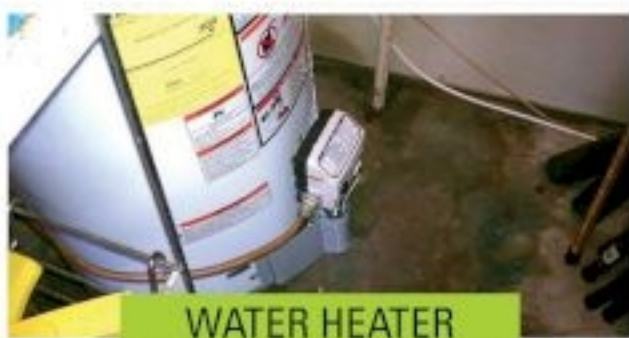


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Could the disappearance of 'likes' improve our emotional stability?

Social networks are the most popular platforms on the web. Millions of people interact there on a daily basis and one of the main tools they are using are the so-called 'likes' to support a post. However, it is possible those could soon disappear. Metro investigates why this could happen and what benefits or problems it could bring. **DANIEL CASILLAS MWN**

In the last decade, social media has become a very important part of our lives. According to the Global Digital Report 2019 by We Are Social and Hootsuite, the number of Internet users in 2018 reached 4.39 billion, 9 percent more than the previous year, while the number of those using social media in 2019 is 3.5 billion, with the worldwide total growing by 288 million (9 percent) versus the same period the previous year.

People also spend a considerable amount of time on social networks and it is constantly increasing. GlobalWebIndex reports that the average social media user now spends 2 hours and 16 minutes each day on those platforms (versus 2h 15m last year).

As popularity of social media continues to rise, emotional problems surrounding these platforms grow as well. Facebook and Instagram could possibly remove 'likes' with the aim of supposedly improving the mental stability of its users.

Indeed, several studies suggest that social media such as Instagram can negatively affect mental health. In 2017, a report by the Royal Society

for Public Health in the United Kingdom ranked Instagram as the worst social network for the mental health of young users in that country.

That research suggested that those spending more than two hours per day on social networking sites such as Facebook, Twitter or Instagram are more likely to report poor mental health, including psychological distress (symptoms of anxiety and depression).

And an important part of mental health among social media users depends on the 'likes' that their posts on those platforms receive. A study published in the Psychological Science journal showed how researchers scanned teens' brains while they used social media. The results suggested the same brain circuits that are activated by eating chocolate and winning money were activated when teenagers see large numbers of 'likes' on their own photos or the photos of peers.

According to specialists, the 'likes fever' on social networks can be explained as a 'Vanity Validation.'

"What is occurring is what I call 'Vanity Validation.' The person you portray on your network

and the true you, for some, creates a double consciousness. Your lauded self on social media is constantly seeking more validation through electronic 'likes,' not life experiences. This 'living for likes' or 'doing it for the 'gram' creates an obsession on the need to feel validated which can result in discrediting yourself," Clarissa Silva, behavioral scientist/relationship coach and creator of Your Happiness Hypothesis Method, explained to Metro.

It is precisely this obsession with 'likes' that has led social media such as Facebook and Instagram to raise the possibility of eliminating them.

Instagram has already hidden in seven countries the public counter of 'likes' and video views so users only see photo and comments, while Facebook in Australia and Vietnam tries to not show 'likes' and reactions at all.

"We want Instagram to be a place of personal expression where people feel comfortable," Mia Garlick, director of Facebook Australia and New Zealand, said in a statement. "The goal is for your friends to focus on the photos and videos you share, not the amount of 'likes' you get."

But could this disappearance of 'likes' work in helping improve users' emotional stability? Specialists believe it could be beneficial, but point out that the real solution is even more complex.

"Removing 'likes' can curtail some of the negative effects on men-

tal health and well-being. But that's just one aspect of destructively comparing themselves to others; seeking validation through documenting your life is still the burden society faces," Silva concluded. "Taking a break from social media can help reduce the dependence on living for electronic 'likes.'"

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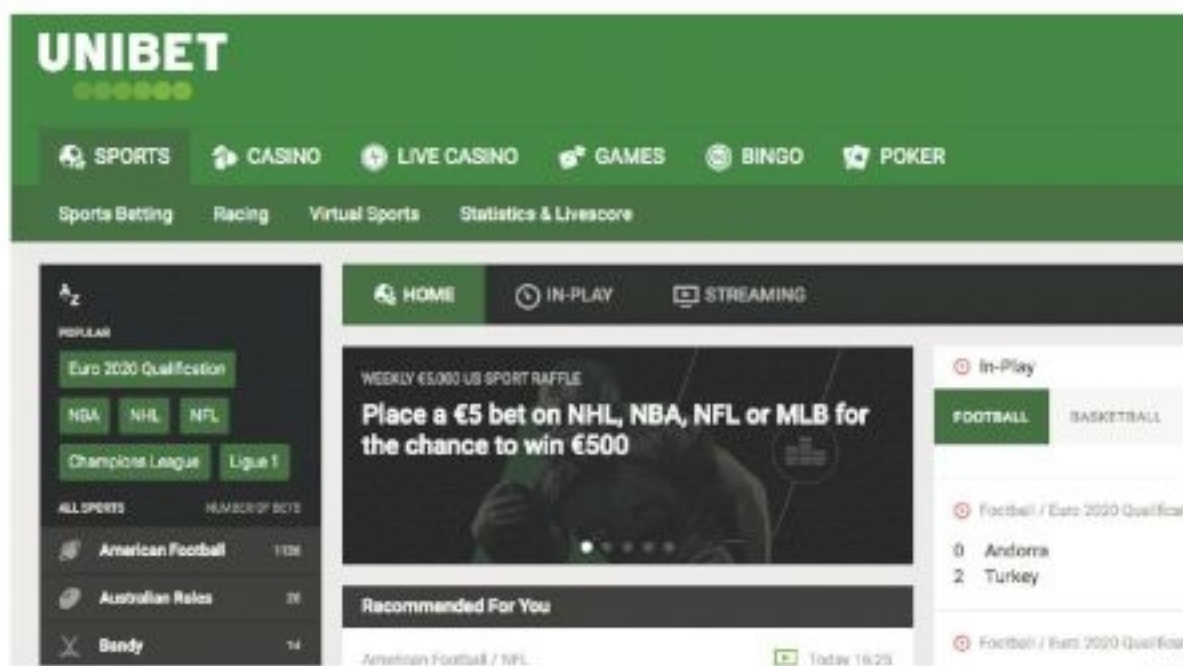
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MNF preview

We've hit on our last three marquee prime-time NFL picks (Browns -2.5 over Steelers on TNF, Seahawks +6 over 49ers on MNF, Raiders +1 over Chargers on TNF) and will look to keep the night train rolling tonight.

It's been difficult to trust either the Chiefs



or the Chargers lately as the Kansas City defense is atrocious, and the Chargers are once again the NFL's Jekyll and Hyde team.

Both teams have also been mediocre against the spread this season, with the Chargers sitting at 3-5-2 ATS and the Chiefs owning a 5-5-0 mark ATS.

Muddying the betting waters is the fact that this game is at a neutral site at Estadio Azteca in Mexico City. The Chargers, who are technically the home team here, are used to playing at a neutral site though - given that opposing teams fan-bases routinely invade the soccer stadium they call a home.

In addition, both teams are coming off of losses and desperately need this game to keep pace in the AFC standings, but we'll roll with the Chiefs here for one major reason: Patrick Mahomes.

When Mahomes has been under center for the Chiefs this season, Kansas City has eclipsed the 30-point

TWEET OF THE DAY

Bulls Got Next
@BullsGotNext

If Myles Garrett would've hit Tom Brady or Patrick Mahomes instead, the NFL would have taken the Cavs 2016 title away.

mark in five of eight games played. Last year, KC went over 30 points in 12 of the 16 games in which Mahomes played.

We just don't trust the Chargers to be able to keep up. KC's defense is a wreck overall, but their pass defense has actually been respectable as the unit is allowing just 221.4 passing yards per game this season (8th in the NFL).

The play: Chiefs -4

College FB betting: Penn St. at Ohio St.

Best bets

Ohio State has played like a program worthy of a College Football Playoff berth all season long and have treated bettors well throughout. Penn State is probably the toughest opponent the Buckeyes have taken on all year, but they should be up to the challenge. The Buckeyes have mopped the floor with inferior opponents in Maryland and Rutgers in recent weeks. However, they have quality wins on the résumé this year

in Wisconsin (38-7) and Nebraska (48-7). Ohio State has covered in five straight home games and eight of their last nine conference clashes. It's been a total team effort, with Justin Fields picking opponents apart through the air while J.K. Dobbins and Master Teague (over 2,000 yards combined with 17 TDs) split duties as the number-four rushing attack in the country. Penn State's fourth-ranked rushing defense should be able



to limit the effectiveness of the Buckeyes' tailbacks, but playing on the road will make that task difficult. Meanwhile, the Nittany Lions will be hard-pressed to move the football in this one as they bring their 43rd-rated offense by yards per play into Columbus against Ohio State's top-rated D. Expect the Buckeyes to win and cover in a low-scoring Saturday affair.

The play: Ohio State spread

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SPORTS

76ers snap two-game slide with easy victory over Cleveland.

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Tobias Harris scored 27 points on 12-of-14 shooting, Joel Embiid added 14 and the visiting Philadelphia 76ers led for all but a few minutes in a 114-95 victory on Sunday.

James Ennis III contributed 14 points, and Furkan Korkmaz had 13 for the Sixers, who snapped a two-game losing

streak overall and a five-game skid on the road. Al Horford had 11 points, and Ben Simmons had 10 points and 11 assists.

Collin Sexton led the Cavaliers with 17 points, while Jordan Clarkson added 15. Tristan Thompson and Kevin Love had 12 each for the Cavaliers, who have dropped three in a row.

The Sixers shot 65.2 percent in the first quarter and continued the torrid pace on their way to a 55-28 lead with 5:22 left in the second. Philadelphia's 27-point lead was anchored by a 39-10 run.

The Sixers' lead reached 29 on two occasions, and they pulled ahead 68-44 at halftime.

Thompson was the only member of the Cavaliers in double figures with 10 points at the break.

Embiid paced the Sixers with his 14 points as they combined to shoot 68.3 percent on their way to a season-high in points scored in the first half.

Three quick baskets — a layup by Simmons and a short jumper and a three-point play by Horford — gave the 76ers a 75-44 lead early in the third.

Darius Garland converted a three-point play, and Sexton added a driving layup following a Sixers turnover, but the Cavaliers still trailed 82-57 with 5:21 left in the third.

After Cleveland later climbed within 20, the



Tobias Harris led the way for the 76ers with 27 points in their win on Sunday over the Cavaliers. GETTY IMAGES

Sixers reeled off five straight points capped by a Korkmaz 3-pointer for a 92-67 advantage.

The Sixers led 95-69 after three quarters.

Clarkson knocked down a pair of free

throws for the Cavaliers, who trailed by 18 at 102-84 with 6:26 remaining. After an empty Sixers possession, Alfonzo McKinnie came back with a 3-pointer from the wing and the deficit was just

15 at 102-87.

Harris hit a 3-pointer and a short baseline jumper to extend the Sixers' lead back to 107-87. Philadelphia cruised to the victory in the final few minutes.

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PUBLIC STORAGE # 23103, 1251 Byberry Road, Philadelphia, PA 19116, (215) 309-8020 • Time: 11:00 AM

B235 - Hovey, John; B240 - Porfimeris, Alexandra; B274 - Moran, Travis; C355 - Monell, Thamaric; C372 - McCullough, Robert; D450 - Davalos, Travis; E528 - Smith, Vanessa; E536 - Santiago, Verline; G716 - Brown, Christopher; H834 - Isrolov, Shoktrukh; H854 - Alexander, Sharise; L1048 - Newell, Lois; L1058 - Jefferson, Charles; L1070 - McGrath, Kelly; M1124 - Barry, Kim; O1596 - Papendick, Michelle

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Eagles offense sputters in sluggish loss to Patriots

Eagles lose ground in NFC East in 17-10 vanishing act vs. New England.



JOVAN ALFORD
sports@metro.us

Unlike the last time, these two teams played each other in the Super Bowl LII two years ago, the Philadelphia Eagles (5-5) came up on the wrong side of a 17-10 game to the New England Patriots (9-1) on Sunday evening.

With the loss, the Eagles' playoff hopes take a tremendous hit as they are now a full-game behind the Dallas Cowboys for first place in the NFC East.

It was a hard-fought game between both squads, who were coming off of a much-needed

bye week. But the Eagles could not get the win despite a tough effort from their defense.

In regards to the starting quarterbacks, Carson Wentz completed 50 percent of his passes for 214 yards and a touchdown. He was also sacked five times.

Just like Wentz, Tom Brady could not get comfortable under center. He completed only 55.3 percent of his passes for 216 yards. Every time the veteran quarterback dropped back, there was an Eagles defender in his face.

The Eagles' defense also did a good job of making the Patriots' running game obsolete, holding them to 74 yards.

Philadelphia's running game had some minor success, but it was clear they missed starting running back Jordan Howard. Rookie running back Miles Sanders ran for 38 yards on 11 carries. Boston Scott added 26 yards on the ground but made an immediate impact on the game.

On the first play of the game, Eagles head coach Doug Pederson dialed up a deep pass to Scott, who was interfered with by Patriots cornerback Jason McCourty.

Philadelphia picked up 49 yards, thanks to the penalty, putting them in the red zone. On 1st-&-10, Sanders received his first carry of the game and ran for seven yards — helping set up a field goal.

With Philadelphia's offense setting the tone, it was up to Brady and New England's offense to respond. But Philly's defense was up to the challenge.

After Brady found running back Sony Michel for a 12-yard reception on first down. The Eagles defense stopped New England on their next three plays, forcing them to punt the ball away.

Both teams traded



Carson Wentz struggled to breakthrough vs. the Patriots. GETTY IMAGES

punts on their next offensive possessions towards the middle of the opening quarter. But the Eagles' offense responded with an immaculate 16-play, 95-yard scoring drive to end the first quarter.

During this time-consuming drive, Wentz got Sanders, Zach Ertz, Nelson Agholor and Dallas Goedert all involved in some facet.

With 3:12 remaining in the opening frame, Wentz found Goedert on a TE screen pass for 21 yards. The two players hooked up again later in the drive for a five-yard touchdown pass on third and goal to put the Eagles up 10-0 to start the second quarter.

It was the 13th consecutive game that Wentz threw a touchdown pass, tying him with Seattle Seahawks quarterback Russell Wilson.

After the Eagles' methodical drive, Brady and the Patriots' offense responded with a scoring drive of their own.

The future Hall of Famer attacked the Eagles' secondary vertically, but to Philly's credit, they stood tall for the most part. However, on 3rd-&-10, cornerback Avonte Maddox was tagged with a defensive pass interference penalty, giving the Patriots a big boost.

New England capped off their first scoring drive with a 35-yard field goal

from Nick Foles, cutting the Eagles' lead down to 10-3.

After an Eagles punt, New England put together another scoring drive. Brady worked his way down the field and got down inside the red zone with 4:12 remaining in the first half.

Brady found tight end Benjamin Watson down the middle of the field for a 19-yard gain, putting them inside the five-yard line. But the Eagles' red zone defense tightened up and forced another Nick Folk field goal.

On the Eagles' second-to-last offensive possession of the half, Wentz was sacked by Patriots defensive tackle Danny Shelton with 2:34 left on the clock and fumbled the ball away. It was his first turnover at Lincoln Financial Field this season.

Nevertheless, the Patriots tacked on another field goal, leaving the Eagles with a 10-9 lead going into the half.

It didn't take long for the Patriots to get in front after the break.

Early in the third quarter, Edelman threw a 15-yard pass to wide receiver Phillip Dorsett for a touchdown, putting the Patriots up 17-10.

Shockingly, that would be the last points scored of the game as the Eagles' offense failed to do anything against the Patriots' stingy pass defense.

The Eagles will now get prepared to face the Seattle Seahawks (8-2), who will be coming off a bye, next Sunday at Lincoln Financial Field in a must-win game (1 p.m. ET, FOX).



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A New Sex Pill Takes the Spotlight as the Viagra Patent is About to Expire

A patented pill costing less than \$1 a dose stands to help millions of men with failing sex lives; no prescription will be required

By Ray Wilson
Associated Health Press

AHP – A new sex pill is set to take the spotlight with the Viagra patent about to expire. But unlike the former, it won't require a prescription and is priced just under a \$1 a dose.

The new pill called *Vesele* is part of a new class of performance enhancers for men, which work instantaneously on the body and mind triggering arousal and firmer, harder erections.

Formulated with a special compound known as an "accelerator", *Vesele* can transport its active ingredients faster and more efficiently into the blood stream, where it begins to work its magic.

The patented ingredient blend initiates a process known as vasodilation, which causes arteries and vessels throughout the body to expand. This allows blood to flow directly to penis and genitals, resulting in harder erections which last longer. Cialis and Viagra are based around a similar concept.

But what makes *Vesele* so remarkable, and what these other sex pills can't do, is that also directs a small portion of this blood flow to the brain, which creates feelings of intense arousal. In laymen's terms, users become incredibly excited and turned on.

This is why the makers of *Vesele* say their pill has worked so effectively in clinical trials. It stimulates the two most important organs for great sex, the penis and the brain.

The Brain Erection Connection

Until now, medical researchers did not fully understand the brain-erection connection. It has now been made clear with *Vesele*. When both are supplied with a constant blood flow, men are harder and firmer for longer...and have unbelievable sex drives.

"Most of the research and treatment methods for men's sexual failures have focused on physiological factors and have neglected the emotional ones. For the leading sex drugs to work, like Cialis and Viagra, you need visual stimulation" explains Dr. Henry Esber, the creator of *Vesele*.

"And although they work for some men, the majority experience absolutely no fulfillment during sex.

According to research published by the National Institute of Health, 50% of men taking these drugs stop responding or can't tolerate their side effects...and on top of that they spend \$50 per pill and it doesn't even work half the time.

This is what makes *Vesele* so different and effective. It floods the blood stream with key ingredients which cause arteries all over the body

to expand. The patented accelerator speeds up this process even more.

The result is a rush of blood flow to the penis and brain, helping to create an impressive erection and a surging desire for sex. Often, this is all men need to get going. And when taken regularly, many men say they are energized and aroused all day."

Great Sex At Any Age

With the conclusion of their latest human clinical use survey trial, Dr. Esber and his team are now offering *Vesele* in the US. And regardless of the market, its sales are exploding.

Men across the country are eager to get their hands on the new pill and according to the research, they should be.

In the trial above, as compared to baseline, men taking *Vesele* saw a staggering 85% improvement in erection hardness over a four-month period. Their erections also lasted twice as long.

These same men also experienced an astounding 82% increase in the desire for sex (libido/sex drive) and an even greater improvement in overall satisfaction and ability to satisfy their partners.

Many men taking *Vesele* described feeling horny and aroused through the day. The anticipation before sex was amazing. They were also easily turned on. Their moods were more upbeat and positive, too.

Faster Absorption into the Blood Stream

Vesele is made up of three specialized ingredients: two clinical strength vasodilators and a patented absorption enhancer often called an accelerator. According to an enormous amount of clinical data, each is very safe.

Research shows that with age, many men lose their desire and interest in sex. They also struggle to produce an erection firm enough for penetration.

And although there are many theories as to why this happens (including a loss in testosterone) one thing is certain, inadequate blood flow is virtually always to blame. That's why sex drug manufacturers focus on blood flow, it makes your erection hard.

But what's more surprising, and what these manufacturers have failed to consider, is that lack of blood flow can also kill your sex drive. That's because blood supplies energy for the brain. This energy is required for creating brainwaves that cause excitability and arousal.

Studies show the *Vesele* stimulates the entire cardiovascular system, including the arteries that lead to both the brain and penis. The extreme concentration of the ingredients combined with the accelerator ensures that this process starts quickly.



Expiring Patent Opens the Door to a New Sex Pill: *Vesele* is a new pill that cost just \$1 a dose does not require a prescription. It works on both body and mind to increase arousal and erection hardness.

The sexual benefits of *Vesele* are also multiplied as its ingredients build up in the system over time. This is why many men take it every single day.

Recent Studies Show Positive Effects on Women

In the same study referenced throughout, *Vesele* was also shown to have an amazing (and somewhat surprising) effect on women too. That's because the same arteries and vessels that carry blood and oxygen to the brain and genitals are the same in men and women.

"In our most recent study, women taking *Vesele* saw a stunning 52% improvement in arousal and sex drive. Perhaps more impressive, they also experienced a 57% improvement in lubrication.

You can imagine why some couples are taking *Vesele* together. Everything feels better. Everything works better. Everyone performs better. It's truly amazing."

A New Frontier of Non-Prescription Sex Pills

With daily use, *Vesele* is helping men (and women) restore failing sex lives and overcome sexual let downs without side effect or expense.

Through a patented absorption enhancer, the *Vesele* formula hits the bloodstream quickly, resulting in phenomenal improvements in erection firmness and hardness. By boosting blood flow to the brain, users also experience sexual urges and arousal they often haven't felt in years.

Where to Find Vesele

This is the official release of *Vesele* in Pennsylvania. As such, the company is offering a special discounted supply to any reader who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all Pennsylvania residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-581-3918 and will only be open for the next 48 hours. Only a limited discounted supply of *Vesele* is currently available in your region.

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The Philadelphia Housing Authority announces its MEETING OF THE BOARD OF COMMISSIONERS is CANCELED for the month of November

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American Towers LLC is proposing a fence push out to increase the ground space for an existing telecommunications tower compound by 47'-2" x 16'-10", along with a 30ft buffer from the proposed push out area and the perimeter of the existing fenced compound, at 5143 Belfield Ave., Philadelphia, PA 19144-1508, a portion of Block 54 N 12 Lot 317 on the Parcel Map of the City of Philadelphia. American Towers LLC seeks comments from all interested persons on any potential significant impact the proposed action could have on the quality of the human environment pursuant to 47 C.F.R. Section 1.1307, including potential impacts to historic or cultural resources that are listed or eligible for listing in the National Register of Historic Places.

Interested persons may comment or raise concerns about the proposed action by submitting an e-mail to enviro.services@americantower.com. Paper comments can be sent to: American Towers LLC, Attn: Environmental Compliance, 10 Presidential Way, Woburn, MA 01801. Requests or comments should be limited to environmental and historic/cultural resource impact concerns, and must be received on or before December 18, 2019. This invitation to comment is separate from any local planning/zoning process that may apply to this project.

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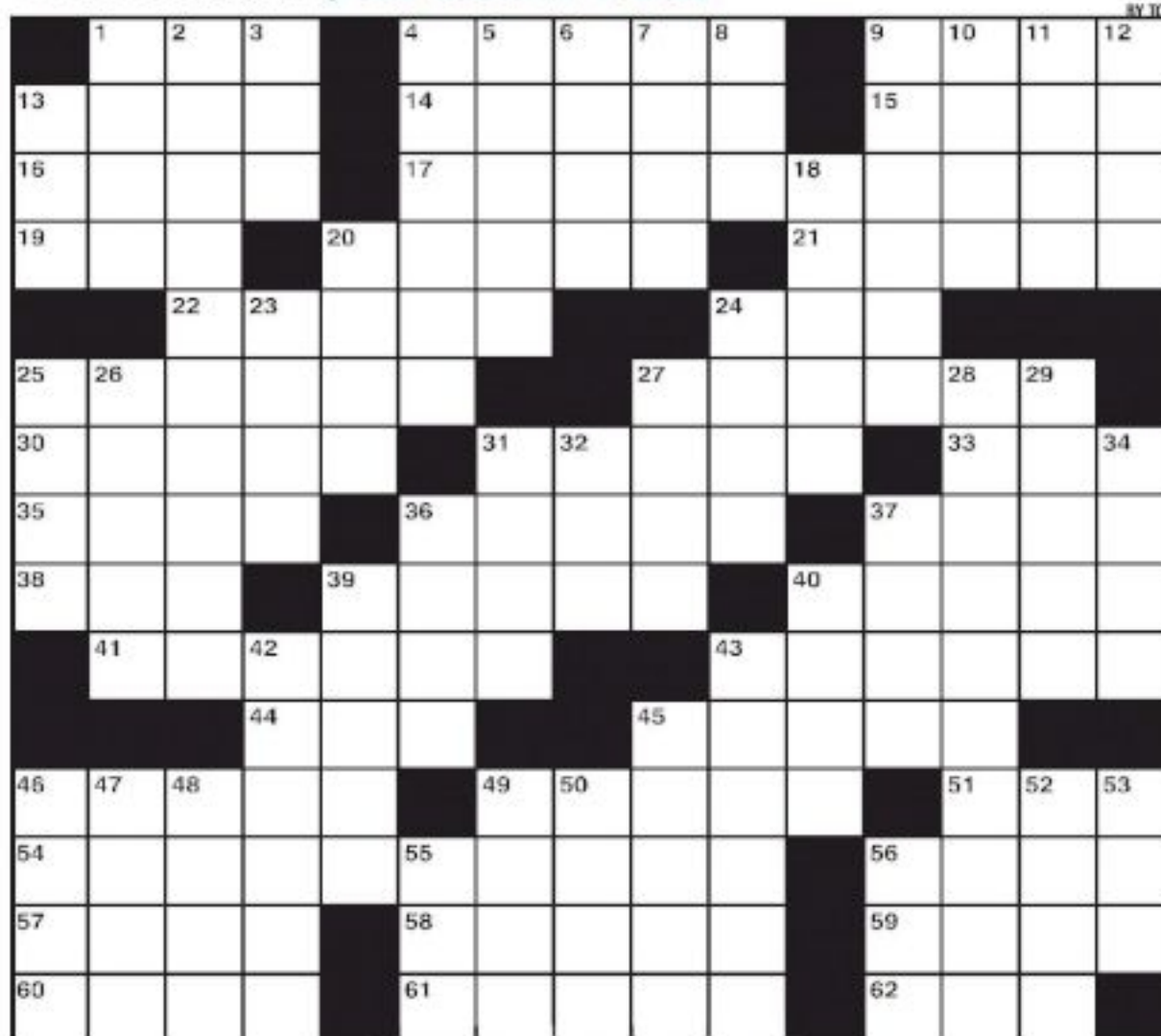
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9 Scared cat's back position
13 Classic board game
14 Indiana's ___ Haute
15 Story
16 Expel from office
17 Warning
19 Gusto
20 Necklace fastener
21 Cantaloupe casings
22 Know-___; wiseacre
24 "___ the Good Times"; Ray Price hit
25 NASCAR drivers
27 Solitude lovers
30 Classic by Homer
31 Asks nosy questions
33 Tiny fellow
35 Recessed area
36 Burrito filling, often
37 ___ up; arouse
38 Big antelope
39 Moisten a turkey
40 Wet sticky mud
41 Accompany & protect
43 Few and far between
44 "The ___"; Boston's nickname
45 Large feather
46 Chef's accessory
49 Edible sea creature
51 Graduate degree, for short
54 Tracking dog
56 Menial laborer
57 Allows
58 Linda Lavin sitcom
59 Mayberry's sheriff

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DOWN

1 Primary color
2 Promising a good outcome
3 However
4 Delays on purpose
5 Olympian's award
6 Provides with a gun
7 Farmer's harvest
8 Nickname for a man
9 Garments
10 Weather forecast
11 Clumsy person
12 Cluckers

13 Policeman
18 Most of the golf clubs in the bag
20 Deuce or jack
23 Good wood for ships
24 Opponents
25 Jewelry store purchase
26 "Home ___"; Macaulay Culkin film
27 Queue
28 Pensioner's period of life
29 ___ down; loses weight
31 Pain in the neck
32 One not to be trusted
34 On the loose
36 Fishhook
37 Make noise in closing
39 "Homeward ___"; Simon

& Garfunkel hit
40 Potato
42 Persnickety
43 Goes down smoothly
45 Sock
46 Suffix for favor or fashion
47 Sincere request
48 Decomposes
49 Fly alone
50 Witty response
52 ___ language; gestures
53 "___ Given Sunday"; Pacino film
55 ___-been; one who's lost popularity
56 Faux ___; blunder

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